

**Vegan Spritz cookies**

400 degrees

1 c shortening

 $\frac{1}{2}$  c Splenda $\frac{1}{4}$  c white sugar $\frac{1}{4}$  tea baking powder

1T tapioca flour

2  $\frac{1}{4}$  c flour2  $\frac{1}{2}$  tea almond extract

Cream the shortening and sugars then add the almond extract and stir. Add remaining ingredients and stir. Add 3-4 tablespoons of hot water until dough just barely sticks all together. Take a few scoops and put in a bowl with desired food coloring. Add a few drops of water on the dye to provide some moisture to allow the dye to sink in. Drop by spoonfuls and flatten or use cookie press to press into designs. Bake 8 minutes. 36 cookies=90 calories each