

IP PC "Baked" Potatoes

5 medium potatoes

1 cups water

Procedure

- 1 Place 4-5 medium (NOT large) washed, stabbed, potatoes in the Instant Pot on the steamer basket, Select thinner over fatter potatoes to ensure thorough cooking. Pour on the water.
- 2 Close and lock the lid of the Instant Pot. Press [Manual] and then use the [+] or [-] button to choose 15 minutes pressure cooking time.
- 3 Allow steam to naturally release and turn off Instant Pot so they do not continue to cook as it warms.

Servings: 5

Nutrition Facts

Nutrition (per serving): 164 calories, 2 calories from fat, <1g total fat, 0mg cholesterol, 14.2mg sodium, 897.2mg potassium, 37.2g carbohydrates, 4.7g fiber, 1.7g sugar, 4.3g protein.