

"Doughnuts"

1 can Pillsbury Crescent Rolls

1 Tbs cinnamon-sugar

Procedure

- 1 Unroll dough and at the wide part fold in over and at the narrow part at the bottom fold it up to have it double in thickness. Then form into a ring and press.
- 2 Spread cinnamon sugar on a plate. Place first doughnut onto plate, both sides, to somewhat coat.
- 3 Spray basket and then put doughnut into basket. Do not allow doughnuts to touch each other. Quickly spray doughnuts with oil.
- 4 Cook for 5 full minutes shaking once during the cooking.

Servings: 8

Oven Temperature: 400°F

Nutrition Facts

Nutrition (per serving): 92 calories, 0 calories from fat, 3g total fat, 0mg cholesterol, 220mg sodium, <1mg potassium, <1g carbohydrates, 0g fiber, 3.5g sugar, 2g protein.