## **Cookie Exchange**

To inspire people in the kitchen but not overwhelm everyone with fattening food, the cookie exchange will be a 'low key' event!

The only rule is that the cookie must be vegan following the moderate definition put forth by PETA:

A vegan does not consume meat, dairy products, eggs, honey, or any product derived from an animal.<sup>i</sup>

Of course, product derived from animals USUALLY means gelatin and beeswax.

**Packaging:** Place 3 cookies in a bag. Make 6 bags of 3 cookies.

**Exchange**: With the assumption that we MIGHT get 7 people to participate, you exchange one bag of your cookies with the other 6 participants. So you give 6 bags and receive 6 bags.

**Advantages**: This cookie exchange will give us an 'excuse' to get in the kitchen and break the pandemic routine. But by setting the bag of cookies at three, that allows us to maximize variety and minimize being overwhelmed with baked goods that are so tempting while locked at home.

**Pandemic rules**: Please wear your face covering so that it fully covers your nose and mouth. Please do not attend if you have been exposed to a covid or flu positive person or if you feel ill. Please try to socialize six feet from others when not actually exchanging the cookie and as possible.

**Other ideas**: If you want to bring copies of your recipes to exchange with the cookies that is always welcome. Additionally, if the recipe is online, you can provide the link to the group so it can be shared with the ENTIRE Facebook following.

<sup>&</sup>lt;sup>i</sup> https://www.peta.org/about-peta/faq/what-is-a-vegan/