

# Vegan Nugget options

Impossible & Beyond -US, 100% vegan companies



Gardein- Canadian, 100% vegan company



Quorn-UK, vegetarian and vegan products



Vegan Meatless Pineapple Chipotle ChiQin Dippers

Simulate-US, Appears they only sell 2 products, vegan nuggets and vegan spicy nuggets



**Yummy Dino Buddies-** Canadian company. Sells vegan and flesh nuggets so look at the box closely.



**Morningstar-** US Corporation Kellanova owns the Morningstar brand. Not a vegan company. All MorningStar Farms® foods are vegetarian, and most Morningstar Farms® foods are vegan. Be sure to look for the Plant Based Food Association (PBFA) logo or the word VEGAN on the package you purchase.



**Wal Mart-** \$3.42/10 oz in most locations. Least expensive and well liked option. NO information on who makes it.

